

# Breakfast Menu

Minimum order is 6-servings each

Pricing is based on selections made, then by headcount:  
*the more servings per selection, the less cost per person.*



Email Chef Lauren to place your order: [LaurenMc123@gmail.com](mailto:LaurenMc123@gmail.com)

## **\*Breakfast Casseroles (most popular) -**

Hashbrowns, scrambled eggs, sharp cheddar, your choice of protein (sausage, bacon, or veggie), sauteed bell peppers, onion. **Add flour tortillas and homemade salsa for easy breakfast burritos!**

## **Frittata (no crust) OR Quiche (pie crust) -**

Creamy Eggs with: Protein (sausage, bacon, ham, veggie), Cheese (sharp cheddar, swiss, feta), Choose 2-3: bell pepper, onion, spinach, tomatoes, mushrooms, zucchini, green chiles, or sundried tomatoes. **Add Salsa or Pesto?**

## **\*French Toast Casserole -**

Assorted breads in a Vanilla Custard Base. Choose: Blueberry, Cinnamon or Plain. Served with syrup. **Gluten free available.**

## **Chia Seed Pudding -**

Greek yogurt, Dairy or Vegan milk base. Choose Toppings: Berries & walnuts, Nut butter & fruit compote, Bannanas & granola, Coconut flakes & dried fruit. **Bulk OR Individual servings.**

## **Avocado Toast -**

Smashed avocado with green onions on toasted whole grain bread, tomatoes, greens. (2 slices / serving) **Add: Smoked Salmon, Bacon, Egg, Seeds.**

## **Breakfast Burritos -**

Flour tortilla (*white or wheat*), Scrambled eggs, Protein (sausage, bacon or mushroom-spinach), hashbrowns, bell pepper saute, homemade salsa. **Individually wrapped.**

## **Breakfast Sandwich -**

English Muffin (white or whole wheat), eggs, protein (sausage patty, bacon or ham), sharp cheddar. **Add Tomato, Spinach, or hummus?**

## **SIDES:**

Seasonal Fruit Medley

Roasted Potatoes with peppers and onion

Breakfast Meats - Choose: Bacon, Sausage, Ham Steak, or Veggies

Assorted Breads: English Muffins, Croissants, Village Bagels w/ Cream Cheese

Homemade Muffins: Mini, Regular, or Jumbo. Choose:

Oatmeal - Steel cut or Regular. Choose Toppings: Brown sugar, walnuts, dried cranberries, fresh blueberries. -

*On-site (not for pickup/delivery)*

**Also...** Homemade Salsa, Guacamole, Hummus, Queso, Cream Cheese, Mountain Jam

## **TO ORDER:**

**E-mail Chef Lauren: [LaurenMc123@gmail.com](mailto:LaurenMc123@gmail.com)**

At least 2-3 days in advance, More notice required over Holidays.

Lauren's Kitchen - 275 Main St. C106 Edwards, CO 81632 - Riverside

**[www.LaurensKitchenEdwards.com](http://www.LaurensKitchenEdwards.com)**

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